

# Novalac Constipation

## Scientifically formulated for babies with constipation

### Infant formula from birth to 12 months

Novalac Constipation is a premium infant formula scientifically formulated to provide relief for babies with constipation. Novalac Constipation helps to increase the water content of stools and gently aid movement through the digestive tract to soften stools, increase stool frequency and reduce pain.

Novalac Constipation nourishes baby with essential daily nutrients and minerals and is suitable for ongoing everyday use after constipation symptoms have been resolved.

#### Nutritional Information per 100 mL Novalac Constipation formula

(reconstituted at one 4.3 g scoop/30 mL water)

| Average Values             | Per 100ml prepared feed* |      | Average Values         | Per 100ml prepared feed* |        |
|----------------------------|--------------------------|------|------------------------|--------------------------|--------|
| <b>Energy</b>              | 66                       | kcal | <b>Vitamins</b>        |                          |        |
|                            | 275                      | kJ   | Vitamin A              | 58.5                     | µg RE  |
| <b>Proteins</b>            | 1.6                      | g    | Vitamin B1             | 52                       | µg     |
| <b>Carbohydrates</b>       | 7.5                      | g    | Vitamin B2             | 130                      | µg     |
| <b>Fats</b>                | 3.3                      | g    | Vitamin B6             | 39                       | µg     |
| Linoleic Acid [Omega 6]    | 0.5                      | g    | Vitamin B12            | 0.2                      | µg     |
| α-Linolenic Acid [Omega 3] | 52.4                     | mg   | Vitamin C              | 7.8                      | mg     |
| <b>Minerals</b>            |                          |      | Vitamin D3             | 1                        | µg     |
| Sodium                     | 22.1                     | mg   | Vitamin E              | 1.1                      | mgα-TE |
| Potassium                  | 74.1                     | mg   | Vitamin K1             | 3.9                      | µg     |
| Chloride                   | 42.9                     | mg   | Biotin                 | 2                        | µg     |
| Calcium                    | 65                       | mg   | Niacin                 | 0.6                      | mg     |
| Phosphorus                 | 33.2                     | mg   | Folic acid             | 7.8                      | µg     |
| Magnesium                  | 8.5                      | mg   | Pantothenic acid       | 0.3                      | mg     |
| Iron                       | 0.9                      | mg   | <b>Other Nutrients</b> |                          |        |
| Zinc                       | 0.6                      | mg   | Choline                | 14.3                     | mg     |
| Copper                     | 45.5                     | µg   | Inositol               | 5.2                      | mg     |
| Iodine                     | 10.4                     | µg   | Taurine                | 5.7                      | mg     |
| Manganese                  | 10.4                     | µg   | L-carnitine            | 1                        | mg     |
| Selenium                   | 1.6                      | µg   |                        |                          |        |

\*As prepared according to instructions

**Novalac Constipation ingredients:** Skimmed cow's milk, milk proteins, vegetable oils (palm, sunflower, soy, rapeseed), lactose, tricalcium citrate, dipotassium phosphate, calcium carbonate, magnesium chloride, emulsifier (soy lecithin), vitamins (A, B1, B12, B2, B6, C, D3, E, K1, biotin, folic acid, niacin, pantothenic acid), sodium chloride, disodium phosphate, potassium chloride, taurine, choline bitartrate, ferrous sulphate, L-cystine, zinc sulphate, inositol, L-phenylalanine, L-tryptophan, magnesium oxide, antioxidants (extract rich in tocopherols), L-carnitine, potassium iodide, sodium selenite, cupric sulphate, manganese sulphate. Contains: Milk, Soy.

**Breast milk is best for babies.** Professional advice should be followed before using an infant formula. Introducing partial bottle feeding could negatively affect breastfeeding. Good maternal nutrition is preferred for breastfeeding and reversing a decision not to breastfeed may be difficult. Infant formula should be used as directed. Proper use of an infant formula is important to the health of the infant. Social and financial implications should be considered when selecting a method of feeding.



SPECIALIST IN INFANT FEEDING CONDITIONS

