

Novalac Sweet Dreams

Scientifically formulated for formula-fed babies who wake frequently due to hunger

Infant formula from birth to 12 months

Novalac Sweet Dreams is nutritionally complete and suitable for ongoing everyday use. Babies aged over 6 months should be offered solid food in addition to infant formula.

Feeding Guide

Age (months)	Bottles per day	Level scoops per bottle	Cooled boiled water(ml)
0 to 1	6	3	90
1 to 2	5	4	120
2 to 4	5	5	150
4 to 6	4	7	210
6 to 12	3*	7	210

*As part of a diversified diet

This is a general guide only. Individual babies may require more or less bottles than indicated depending on their appetite. Babies aged over 6 months should be offered solid food in addition to infant formula. Always add one level scoopful to 30mL of cooled pre-boiled water.

Storage

Contents may settle. Store in a cool, dry place and protect from light. Use within 3 weeks of opening. Do not use after the 'Use by' date, which is on the base of the can.

Novalac Sweet Dreams is part of a premium infant formula specialty range that assists with common conditions while nourishing baby with essential daily nutrients and minerals.

Novalac Sweet Dreams is suitable for use as an alternative to standard infant formula from birth.

How to prepare Novalac Sweet Dreams

Always wash hands before preparing a bottle. Each bottle should be prepared individually. Only use the measuring scoop provided. It is recommended that formula be used immediately after it is prepared.



1 Wash the feeding bottle, cap, teat and any utensils to be used and sterilise them in boiling water.



2 Boil clean drinking water for 5 minutes and allow to cool to 40°C. Pour the required amount of water (see Feeding Guide) into the bottle.



3 Measure the correct quantity of formula (see Feeding Guide) into the bottle using the scoop provided. Always use one level scoopful (4.3 g) per 30mL of water.



4 Secure the lid on the bottle and shake for at least 30 seconds until the powder is completely dissolved. Let cool to lukewarm temperature (37°C) without re-shaking. Test the temperature on your wrist before feeding.

Formula should be consumed within one hour of preparation. Any formula left over after feeding should be discarded.

Novalac Sweet Dreams is best used with a variable flow teat.

WARNING: Follow instructions exactly. Prepare bottles and teats as directed. Do not change proportions of powder except on medical advice. Incorrect preparation can make babies very ill.

Breast milk is best for babies. Professional advice should be followed before using an infant formula. Introducing partial bottle feeding could negatively affect breastfeeding. Good maternal nutrition is preferred for breastfeeding and reversing a decision not to breastfeed may be difficult. Infant formula should be used as directed. Proper use of an infant formula is important to the health of the infant. Social and financial implications should be considered when selecting a method of feeding.



SPECIALIST IN INFANT FEEDING CONDITIONS

